



Käthe Bleicher

**Settling in safely.  
How to achieve a sensitive transition  
into crèche**

**Sicher eingewöhnen.  
Wie ein einfühlsamer Übergang in die  
Krippe gelingt**

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**The competent guidebook for settling in for parents and pedagogues.**

**Käthe Bleicher vividly and comprehensively presents a tried and tested model of settling in in a crèche, play group or day care that is oriented towards the individual child. With many concrete suggestions, descriptions of all important steps, pedagogical advice and consideration of parental issues, this guide is a helpful companion for the child's new phase of life.**

Which facts matter when my child is going to the crèche? How should I behave during its familiarization? What happens if my child cries? Which role does the pedagogic staff play? How do I as a nursery teacher respond to the parents' worries? Most children first experience external care when they enter the day care centre or when they come into contact with the childminder - an important step for the little ones, which must be accompanied with a lot of empathy, calm, time and caution. From a safe base, they must build a relationship with a person which has been unknown to them until now.

Käthe Bleicher, an experienced Waldorf kindergarten teacher, attachment pedagogue and parent coach, introduces all aspects of an acclimatization model based on backgrounds of Waldorf education. For parents, educators and childminders the book offers comprehensive orientation - and necessary help so that the child can settle into its new environment without fear.

- For a gentle built-up of bonding without insecurities and fears.
- All important facts about the child's first care outside the family.

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**Käthe Bleicher**, born in 1987, is a Waldorf teacher, SAFE® mentor and B.A.S.E.® group leader. She completed a further training course in Attachment Based Counselling and Attachment Psychotherapy (BBT). She works in the educational management of a Waldorf kindergarten, as a parent coach and freelance author. She lives in Munich and is the mother of a little son.

